

Nonfiction Sources

Aspect of Society	Suggested Sources
Relationships and connection	<ul style="list-style-type: none">● Article: "The truth about teens, social media and the mental health crisis" by Michaelleen Doucleff (NPR)● Article: "For building friendships, social media can be your friend" (University of Southern Queensland)
Reading/intellectual thought	<ul style="list-style-type: none">● Article: "Teens Today Spend More Time on Digital Media, Less Time Reading" (American Psychological Association)● Article: "How TikTok Became a Best-Seller Machine" by Elizabeth A. Harris (<i>The New York Times</i>)
Learning and development	<ul style="list-style-type: none">● Article: "Learning In The Age Of Digital Distraction" by Eric Westervelt (NPR)● Article: "Digital tech can offer rich opportunities for child development, study says" by Chris Osuh (<i>The Guardian</i>)
Mental health	<ul style="list-style-type: none">● Article: "Is Technology Causing Our Unhappiness? Yes and No" by Dan Pontefract (Forbes)● Article: "TikTok is helping Gen Z with mental health. Here's what it can and can't do" by Madalyn Amato (<i>Los Angeles Times</i>)